

COACH/MANAGER CHECKLIST



BEFORE SESSION

- Use the self-assessment tool [COVID Self-Assessment Tool](#) to perform a symptom screening check before every Club sanctioned activity and on request by the Club at any other time.
- Notify the Club and stay home if feeling sick and remain home for 14 days if experiencing COVID-19 symptoms.
- Wash your hands with disinfectant soap and water for at least 20 seconds before going to the soccer activity.
- Bring your own water bottle and hand sanitizer and keep them in a personal bag/backpack in the area designated for you on the field.
- Change into your soccer apparel at home (not at the field).
- Consider wearing a mask or gloves during sessions if you feel more comfortable wearing one.
- Avoid touching door handles, gates, benches, and all other objects where viruses could survive. If you touch something, make sure to wash your hands and disinfect the surface you have touched as quickly as possible.

UPON ARRIVAL AT THE FIELD / DURING SESSION

- Always follow the [Park Maps](#).
- Meet your team at the designated Meeting Area and use the meeting time to check players in [TeamLinkt](#), to remind players of the requirements for social distancing and that equipment handling may only be done by the coach(es).
- Do not enter the field until the group before has completely left the field to comply with maximum player/field ratios required by the City of Surrey field permits.
- Ensure players are putting their belongings around the outside of the field, 2m apart to comply with social distance requirements before, during, after the session (and session water breaks).
- If any participants display any symptoms of illness, they must be sent home.
- Keep players to the area of the field under your control.
- Maintain physical distancing as required by health authorities.
- Do not shake hands or do fist bumps.
- Goalkeeper must not share gloves or spit in their gloves.

AFTER SESSIONS

- Players are to leave the field through the exit location identified on the [Park Maps](#) as quickly as possible after each session.
- Wash your own hands / use hand sanitizer after every session.
- Store equipment in the same location after each use and do not use equipment for any other team or with any other individuals without fully cleaning and sanitizing the equipment beforehand with an appropriate disinfectant solution.

REMINDERS

- If you do not feel well or are displaying symptoms of COVID-19, you must stay home.
- If you have traveled outside of Canada, you are not permitted at the facility or to participate in any Club program until you have self-isolated for a minimum of 14 days.
- If you live in a household with someone who has COVID-19 or is showing symptoms of COVID-19, you must stay home.
- Refresh yourself on the Surrey United Soccer Club [Illness Policy](#).