



# Surrey United Soccer Club

Box 34212, 17790-#10 Hwy., Surrey, B.C. V3S 1C7

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## Illness Policy

This Surrey United Soccer Club (“Club”) policy is applicable to all Club staff, volunteers, referees, members, players and each of their family members with respect to illness and attendance or participation in any sanctioned Club activity or event. Noncompliance with the requirements of this policy will result in removal from the sanctioned activity and in situations of gross negligence or refusal to adhere to this policy, removal from the Club and all sanctioned Club activities and events.

### Defined Terms

- “Activity” shall be defined as Club-sanctions activities (i.e. training session).
- “Close Contact” is defined as being within 6ft of an infected person for a total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset or two days before testing positive for COVID-19.
- “Facility” shall mean any Club facility used for any Activity including but not limited to clubhouses and fields.
- “Team Member” is defined as any staff member, volunteer, participant, or any of these.

### Symptoms of COVID-19

- new or worsening cough
- shortness of breath or difficulty breathing
- temperature equal to or over 38°C
- feeling feverish
- chills
- fatigue or weakness
- muscle or body aches
- new loss of smell or taste
- headache
- gastrointestinal symptoms (abdominal pain, diarrhea, vomiting)
- feeling very unwell

### Self-Assessment Requirement

- a. Team Members must review the self-assessment signage located throughout the facility / park before their participation in any Activity to confirm that they are not feeling any COVID 19 symptoms.
- b. Managers/coaches will visually monitor Team Members’ health throughout the Activity.

### If a Team Member is experiencing any COVID-19 symptoms

- a. They must remain at home.
- b. They should consider contacting Health Link BC at 8-1-1.
- c. They will be sent home immediately if symptoms are present during any session and unable to return until the symptoms clear.

### If a Team Member tests positive for COVID-19

- a. The Team Member will not be permitted to return to any Activity until they are completely recovered from COVID-19 and provide the Club with a doctor’s note confirming the same.
- b. Any Team Member who has been in Close Contact with Team Member who has tested positive for COVID-19 will be removed from all Activity for at least 14 days to ensure the infection does not spread further.

### If a Team Member has been tested and is waiting for the results of a COVID-19 Test

- a. As with any confirmed case, the Team Member will be unable to participate in any Activity until test results are received and a negative result is confirmed, and symptoms have cleared.



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### **If a Team Member has come in to Close Contact with someone who is confirmed to have COVID-19**

- a. Team Members must inform the Club as soon as possible following confirmation they have been in Close Contact with a confirmed case of COVID-19.
- b. The Team Member will be removed from all Activity for at least 14 days or as otherwise directed by public health authorities.
- c. Team Members who may have come into Close Contact with the Team Member must self-monitor for COVID-19 symptoms for 14 days as required by health authorities.

### **Team Member Quarantine Requirements**

- a. Any Team Member who has travelled outside of Canada within the last 14 days is not permitted to participate in any Activity or be present at any Facility.
- b. Any Team Member who has travelled outside of Canada within the last 14 days must quarantine and self-isolate in accordance with health authority regulations.
- c. Any Team Member who has been instructed by public health authorities to self-isolate.

### **References**

#### **PROVINCE OF BRITISH COLUMBIA**

1. [B.C.'s Restart Plan](#)
2. [BC COVID-19 Go-Forward Management Strategy](#)
3. [B.C. Go Forward Strategy Checklist](#)
4. [PHO Orders](#)
5. [Fraser Health: https://www.fraserhealth.ca/](https://www.fraserhealth.ca/)

#### **HEALTH RESOURCES**

1. [COVID-19 \(B.C.\) Provincial Support: https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support](https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support)
2. [BC COVID-19 Self-Assessment Tool: https://bc.thrive.health/covid19/en](https://bc.thrive.health/covid19/en)
3. [Health Canada Handwashing Guidelines: https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases-maladies/reduce-spread-covid-19-wash-your-hands/eng-handwashing.pdf](https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases-maladies/reduce-spread-covid-19-wash-your-hands/eng-handwashing.pdf)
4. [Government of Canada COVID resources: https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms.html?utm\\_campaign=gc-hc-sc-coronavirus2021-ao-2021-0005-10020125402&utm\\_medium=search&utm\\_source=google-ads-107800103024&utm\\_content=text-en-434525470065&utm\\_term=covid](https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms.html?utm_campaign=gc-hc-sc-coronavirus2021-ao-2021-0005-10020125402&utm_medium=search&utm_source=google-ads-107800103024&utm_content=text-en-434525470065&utm_term=covid)

#### **SPORT AND RECREATION RESOURCES**

1. [Return to High Performance Sport Framework: https://www.viasport.ca/sites/default/files/Canada%20-%20COVID-19%20Return%20to%20HP%20Sport%20Framework%20-%20May%202020.pdf](https://www.viasport.ca/sites/default/files/Canada%20-%20COVID-19%20Return%20to%20HP%20Sport%20Framework%20-%20May%202020.pdf)
2. [BC Soccer Return to Play: https://bcsoccer.net/return-to-play-information](https://bcsoccer.net/return-to-play-information)